

HEALTH AND WELLBEING STRATEGY 2019-2023

Head of Service/Contact: Rod Brown, Head of Housing & Community

Urgent Decision?(yes/no) No

If yes, reason urgent decision required:

Annexes/Appendices (attached): **Annex 1** – Health and Wellbeing Strategy 2019-2023

Other available papers (not attached): Report and Minutes of the meeting of the Community and Wellbeing Committee, 23 January 2018

Report summary

This report sets out the Epsom and Ewell Borough Health and Wellbeing Strategy 2019-2023.

Recommendation (s)

That the Committee:

- (1) Approves the Epsom and Ewell Borough Council Health and Wellbeing Strategy 2019-2023 as set out in Annex 1 to this report.**
- (2) Approves that minor amendments to the strategy and presentational considerations are delegated to the Head of Housing and Community, in consultation with the Chair and Vice-Chair of Community and Wellbeing Committee.**

1 Implications for the Council's Key Priorities, Service Plans and Sustainable Community Strategy

- 1.1 Supporting our community – The Health and Wellbeing Strategy helps promote healthy and active lifestyles including amongst the elderly and young people. In addition the Strategy will encourage and support opportunities for volunteering within the Borough.

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2 Background

- 2.1 Health and wellbeing is at the core to much of local government's service delivery and is recognised increasingly as important in delivering sustainable and successful communities.
- 2.2 The Social Care Act 2012 created county-wide Health and Wellbeing Boards which were required to produce a Joint Strategic Needs Assessment as well as a Joint Health and Wellbeing Strategy for their local population.
- 2.3 The Surrey-wide Health and Wellbeing Board reviews the Joint Strategic Needs Assessment on a regular basis and in April 2019 updated the Surrey-wide Health and Wellbeing Strategy which revised the priorities for action and also introduced target populations.
- 2.4 This Council has a long tradition in providing services which support the health and wellbeing needs of our residents. The range of activities are wide and includes provision of leisure services both directly and through the Rainbow Leisure Centre, support for charity and voluntary organisations which support our residents, as well as direct provision of services such as those developed through the Epsom & Ewell Community and Wellbeing Centre..
- 2.5 An outline of these existing Council services are summarised in Appendix B within the strategy (Annex 1)

3 Local Health and Wellbeing

- 3.1 In January 2018 this Committee considered the Council's impact on health and wellbeing across the range of council services through a Health and Wellbeing Position Statement that matched a wide range of existing council activities against the priorities set out in the previous Surrey-wide Health and Wellbeing Strategy.
- 3.2 At the same meeting, the Committee agreed that a Borough Health and Wellbeing Strategy would be developed to incorporate local priorities as well as those set out in the Surrey-wide strategy.

4 Future 40

- 4.1 The Council has been developing a long-term vision for the Borough through extensive public and partner engagement, known as Future 40.
- 4.2 Future 40 recognised Health and Wellbeing as being an important part of life in the Borough and was a key quantitative characteristic in developing a future vision for the Borough and its residents.

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- 4.3 The five themes which have emerged within Future 40 are: Green and Vibrant, Opportunity and Prosperity, Safe and well, Cultural and Creative.
- 4.4 The Health and Wellbeing Strategy, along with many other key work plans and programmes, are intended to assist in the delivery of the Council's future vision as articulated in Future 40.

5 Strategic Health and Wellbeing priorities

- 5.1 Using as much local Borough data as possible, the Health and Wellbeing Strategy sets the current levels of health and wellbeing within the Borough.
- 5.2 Based on empirical evidence, the strategy identifies five health and wellbeing priorities for the borough. These are:
 - Eating well, reducing our use of alcohol and getting active
 - Living life to the full, whatever your age
 - Supporting vulnerable residents to live well
 - Supporting the mental and emotional wellbeing of our residents
 - Supporting our residents to stay connected.
- 5.3 Whilst numerous data sources have been utilised in preparing the evidence behind this strategy, available data changes over time and new data emerges. The strategy identifies two areas where further investigation is needed, namely substance misuse and cancer rates.

6 Health and Wellbeing Action Plan

- 6.1 The Borough strategy for Health and Wellbeing identifies our priorities and an action plan for implementing the strategy will be developed and agreed by Members. It is intended that the action plan will identify projects over a 12 months period which help support the local priorities identified in the strategy.
- 6.2 It is proposed the Council's Health Liaison Panel would also be involved in monitoring progress within the action plan and assist in advising on development of future actions.

7 Financial and Manpower Implications

- 7.1 In 2018 a new post of Health and Wellbeing Officer was created. This new resource enables the further development of the Council's Health and Wellbeing activities.

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7.2 It is proposed that the delivery of this strategy will rely on existing resources. There may be opportunities to make use of resources held by other partners and possibly access to external funding.

7.3 **Chief Finance Officer's comments:** Currently none for the purposes of this report. If any future proposals considered under the strategy could result in a financial liability to the Council further Committee approval will be sought.

8 Legal Implications (including implications for matters relating to equality)

8.1 The Local Government Act 2000 gave local authorities the power to act to promote the economic, social and environmental wellbeing of their area. More than a decade later, this power was updated and further extended by the Localism Act 2011, which introduces a general power of competence, ie "a local authority has power to do anything that individuals generally may do". The Council therefore has the power to develop a Health and Wellbeing Strategy for the Borough.

8.2 The nature of Health and Wellbeing reflects the inherent inequalities within society, with more deprived populations frequently experiencing less favourable health and wellbeing outcomes. This strategy is intended to address elements of this inequality and as such is likely to have a positive impact on the existing inequality across the Borough.

8.3 **Monitoring Officer's comments:** none arising from the contents of this report.

9 Sustainability Policy and Community Safety Implications

9.1 The proposals set out in this report are designed to make a positive contribution to the residents of the borough. Improving the resident's health and wellbeing is likely to help individuals reach their full potential and reach their personal goals. As such this strategy is likely to have a positive impact on community safety.

10 Partnerships

10.1 Delivering health and wellbeing services involves many partners, organisations and individuals. Delivery of the five strategic priorities will rely on the co-operation and engagement from a wide range of national and local partners.

11 Risk Assessment

11.1 The development of a local Health and Wellbeing Strategy will help to minimise the discrepancy in both the quality and length of life enjoyed across our Borough. Not having a local strategy will place reliance on the Surrey-wide Health and Wellbeing Strategy and could risk not addressing local priorities and not realising the potential to deliver with partners.

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12 Conclusion and Recommendations

- 12.1 The Health and Wellbeing Strategy (Annex 1) has been developed on the basis of relevant local data which has identified the local health and wellbeing needs of our residents and proposes five strategic priorities to address these.
- 12.2 The recommendation is that Committee approves the Epsom and Ewell Borough Council Health and Wellbeing Strategy 2019-2023 as set out in Annex 1 to this report.
- 12.3 In the interests of expediency, the report also recommended that minor changes and presentational aspects are delegated to the Head of Housing and Community, in consultation with the Chairman and Vice-Chair of the committee.

Ward(s) Affected: (All Wards);