

HEALTH AND WELLBEING ACTION PLAN

Head of Service/Contact:	Rod Brown, Head of Housing & Community
Urgent Decision?(yes/no)	No
If yes, reason urgent decision required:	N/A
Annexes/Appendices (attached):	Annex 1 – Health and Wellbeing Action Plan
Other available papers (not attached):	Report and Minutes of the meeting of the Community & Wellbeing Committee on 10 October 2019.

Report summary

This report sets out Epsom and Ewell Borough Council's Health and Wellbeing Action Plan 2019-2021

Recommendation (s)

That the Committee approves the Health and Wellbeing Action Plan, set out in Annex 1 of this report

1 Implications for the Council's Key Priorities, Service Plans and Sustainable Community Strategy

Supporting our community – The Health and Wellbeing Action Plan supports the priorities of the Council's Health & Wellbeing strategy.

2 Background:

- 2.1 Health and wellbeing is at the core of much of local government's service delivery and is recognised as increasingly important in delivering sustainable and successful communities.
- 2.2 The Social Care Act 2012 created county-wide Health and Wellbeing Boards which were required to produce a Joint Strategic Needs Assessment as well as a Joint Health and Wellbeing strategy for their local population.

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- 2.3 The Surrey-wide Health and Wellbeing Board reviews the Joint Strategic Needs Assessment on a regular basis and in April 2019 updated the Surrey-wide Health and Wellbeing strategy which revised the County's priorities, and also introduced target populations.
- 2.4 The Surrey-wide Health and Wellbeing strategy was finalised and released to the public in May 2019.

3 Local Health and Wellbeing:

- 3.1 The Council has a long tradition in providing services which support the health and wellbeing needs of our residents. The range of activities are wide and includes provision of leisure services both directly, and through the Rainbow Leisure Centre, support for charity and voluntary organisations which support our residents, as well as direct provision of services such as those developed through the Epsom & Ewell Community and Wellbeing Centre.
- 3.2 In January 2018, this Committee agreed that a Borough Health and Wellbeing Strategy should be drafted, and for this to incorporate local priorities.
- 3.3 The Council reviewed the specific health and wellbeing needs of the Borough, including an in-depth analysis of available health and wellbeing data.
- 3.4 In October 2019 the Council's Health and Wellbeing strategy was approved. The Action Plan outlined in Annex 1 sets out a range of actions which seeks to address the priorities contained with the strategy.

4 Our Health and Wellbeing priorities and actions:

- 4.1 Using as much local Borough data as possible, the Health and Wellbeing strategy sets out the current level of health and wellbeing within the Borough.
- 4.2 Based on empirical evidence, the strategy identifies five health and wellbeing priorities for the Borough. These are:
 - Eating well, reducing our use of alcohol and getting active
 - Living life to the full, whatever your age
 - Supporting vulnerable residents to live well
 - Supporting the mental and emotional wellbeing of our residents
 - Supporting our residents to stay connected.
- 4.3 The Health and Wellbeing Action Plan (Annex 1) has been developed to address the strategic priorities identified in Epsom and Ewell Borough Council's Health and Wellbeing strategy 2019-2023

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- 4.4 The Action Plan is to be delivered over a 2-year period to ensure the actions are reviewed in-line with the Health and Wellbeing strategy, and therefore appropriate for the needs of the Borough.
- 4.5 During the course of this initial Action Plan, further work will be under-taken to help identify and inform the most appropriate actions for the proceeding 2-years. This will ensure actions are appropriate, and reviewed in line with the Health and Wellbeing strategy.

5 Financial and Manpower Implications

- 5.1 It is proposed that the delivery of the Action Plan will rely on existing funding. There may be opportunities for funding from external sources and external partners and these will be considered on their individual business case.
- 5.2 ***Chief Finance Officer's comments: None for the purposes of this report.***

6 Legal Implications (including implications for matters relating to equality)

- 6.1 The Local Government Act 2000 provides local authorities with the power to promote the economic, social and environmental wellbeing of their area.
- 6.2 The nature of Health and Wellbeing reflects the inherent inequalities within society, with more deprived populations frequently experiencing less favourable health and wellbeing outcomes.
- 6.3 The Council is therefore able to develop a Health and Wellbeing Strategy for the Borough. The Action Plan will help to deliver the strategy and address the existing inequality across the Borough.
- 6.4 ***Monitoring Officer's comments: none arising from the contents of this report.***

7 Sustainability Policy and Community Safety Implications

- 7.1 The proposals set out in this report are designed to make a positive contribution to the residents of the borough. Improving the resident's health and wellbeing is likely to help individuals reach their full potential and reach their personal goals. As such the Action Plan is likely to have a positive impact on community safety.

8 Partnerships

- 8.1 Delivering the 18 actions in the Health and Wellbeing Action Plan will rely upon effective engagement of our community and voluntary partners, statutory organisations and individuals.

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9 Risk Assessment

- 9.1 The development of a local Health and Wellbeing Action Plan will help to minimise the discrepancy in both the quality and length of life enjoyed across our Borough. In not having the Action Plan, we risk not delivering against the strategic priorities outlined in the Council's Health and Wellbeing strategy and the Council would be reliant upon the strategy and actions set out in the Surrey-wide Health and Wellbeing strategy with the risk that we do not necessarily address our local priorities and realising the potential to deliver with partners.

10 Conclusion and Recommendations

- 10.1 The recommendation is that Committee approves the Epsom and Ewell Borough Council Health and Wellbeing Action Plan 2019-2021 as set out in Annex 1 to this report.
- 10.2 **Ward(s) Affected:** (All Wards);